



Fall 2020 Menu Descriptions

Italian Hoagie on Savory Roll-Sliced Jennie-O turkey ham, turkey salami, turkey bologna and smoked provolone on an Italian seasoned savory roll with a hint of garlic.

Thai Turkey Wrap-Whole grain ten-inch honey wheat wrap stuffed with, oven roasted Jennie-O sliced turkey, homemade coleslaw and crunchy La Choy chow mein noodles. Add a touch of heat with the included sriracha sauce packet.

Grilled Chicken Caesar Shaker Salad-Chopped romaine lettuce, cherry tomatoes, shredded parmesan cheese and grilled chicken strips with light Caesar dressing on the side. Also included is a whole grain cluster roll.

Ham & Cheese Pretzel Roll-Thin sliced ham and American Cheese layered on a J&J pretzel roll.

Corn Salad-Roasted super sweet corn kernels with diced poblano peppers, yellow onions and diced tomatoes tossed in a light seasoned olive oil.

Chicken Ranch Flatbread Sandwich- Oven fired whole grain flatbread with grilled chicken strips lightly seasoned with low fat Ken's ranch dressing and topped with shredded cheddar cheese.

Protein Power Pack-This “power pack” includes a hardboiled egg, light Land O Lakes mozzarella cheese stick, Pepperidge Farms goldfish crackers and Kellogg’s rice krispy.

Oriental Chicken Salad- Chopped romaine lettuce, shredded carrots, chopped celery, grilled chicken strips and La Choy Chow Mein Noodles with Ken’s Asian Ginger Dressing on the side.

Roast Turkey BLT on Wheat Bread-Whole grain bread, oven roasted Jennie-O sliced turkey and turkey bacon.

Corn Salad-Roasted super sweet corn kernels with diced poblano peppers, yellow onions and diced tomatoes tossed in a light seasoned olive oil.

Sweet Yogurt Dippers-Low fat General Mills vanilla yogurt, Honey Maid graham crackers and Keebler chocolate chip grips. Also try dipping the fresh broccoli or carrot dippers for a super fun treat!

Chicken Burrito Wrap- Whole grain ten-inch honey wheat wrap stuffed with fajita chicken strips, Uncle Ben’s fiesta rice, salsa and light shredded cheese. Sour cream will be offered on the side for Middle and High School.

Black Bean Salsa-Bush’s reduced sodium black beans, corn, and diced tomatoes. Prepared with a hint of lime and cumin seasoning.

Ham & Cheese Pretzel Roll-Thin sliced ham and American cheese layered on a J&J pretzel roll.

Ham & Pepper Jack Pretzel Roll-Thin sliced ham and shredded pepper jack cheese on a J&J pretzel roll.

Hummus Platter-Roasted red pepper hummus, light Land O Lakes mozzarella cheese stick and whole grain pita quarters.

Ranch Chicken Wrap- Whole grain ten-inch honey wheat wrap with grilled chicken strips, shredded lettuce and diced tomato with low fat Ken's ranch dressing.

Corn Salad-Roasted super sweet corn kernels with diced poblano peppers, yellow onions and diced tomatoes tossed in a light seasoned olive oil.

BBQ Chicken Shaker Salad- Chopped romaine lettuce, cherry tomatoes, roasted corn, shredded lite mozzarella cheese, grilled chicken strips with Sweet Baby Ray's barbeque sauce. Also included is corn bread.

Turkey & Cheddar on Croissant-Sliced Jennie-O oven roasted turkey, sliced cheddar cheese on a whole grain Hadley Farms croissant.

Savory Yogurt Dippers- Low fat General Mills vanilla yogurt with J&J whole grain pretzels dipping sticks. Also try dipping the fresh broccoli or carrot dippers for a super fun treat!

Dijon Chicken Salad w/Baby Spinach-Baby spinach topped with grilled chicken, shredded carrots, diced celery, hardboiled egg with Ken's light Dijon dressing on the side.

Pepperoni Pizza Wrap- Whole grain ten-inch honey wheat wrap stuffed with Jennie-O turkey pepperoni, light Land O Lakes shredded mozzarella and zesty pizza sauce.

Protein Rice Bowl-Uncle Ben's whole grain steamed rice, Jennie-O diced turkey, broccoli, edamame, shredded carrots with Ken's Asian Ginger Dressing on the side.

Tex Mex Bento Box – Chicken fajita strips, shredded lettuce, diced tomato, Bush's reduced sodium black beans, Land O Lakes shredded cheddar cheese, and Tostitos corn chips.

Black Bean Salsa-Bush's reduced sodium black beans, corn, and diced tomatoes. Prepared with a hint of lime and cumin seasoning.

Corn Salad-Roasted super sweet corn kernels with diced poblano peppers, yellow onions and diced tomatoes tossed in a light seasoned olive oil.

We will work hard at sourcing the needed quality ingredients to freshly prepare your child's meals daily. Please note due to the volatile food industry we know menu substitutions will have to be made from time to time. We do ask for your understanding in this matter.

We worked hard at developing a fun and nutritious menu our students would enjoy. We would love to hear what you think and are also open to your menu suggestions. Please feel free to e-mail the Food Dude at:

fooddude@hershey.k12.pa.us

We're here for you. (Even if you're not here.)

There's no telling how this year might go. But in all this uncertainty, there's one thing you can count on: the dedicated, caring women and men of our child nutrition program will be preparing and serving convenient, economical, healthy school meals for our students every day. In the lunchroom. Or in the classroom. Or somewhere else all together. We'll be there for you.

School Meals
We serve education every day™